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may 9 2024 learn about mono symptoms how it s spread and how to prevent it

jul 31 2025 mono or infectious mononucleosis is a contagious illness most commonly
caused by the epstein barr virus a member of the herpes virus family ebv is one of the
most common human

jan 9 2024 the contagious epstein barr virus causes mononucleosis mono mono

symptoms such as fatigue body aches and fever improve without treatment

nov 30 2022 infectious mononucleosis mono is often called the kissing disease the virus that causes mono epstein barr virus is spread through saliva you can get it through kissing but you

jul 22 2025 someone with mononucleosis does not need to be kept isolated from others but avoiding close contact with others can help prevent spread common recommendations for people with mono

infectious mononucleosis is a type of infection it causes swollen lymph glands fever sore throat and often extreme fatigue it is often spread through contact with infected saliva from the mouth

sep 6 2025 mono also known as the kissing disease is primarily spread through saliva from sharing items like straws or utensils or by kissing symptoms of mono include extreme tiredness sore

jun 10 2024 mono can cause an enlarged spleen which could rupture and cause a medical emergency to try to protect the spleen providers recommend avoiding intense exercise and contact

infectious mononucleosis more commonly known as mono is a viral illness that can cause flu like symptoms fatigue and swollen lymph glands it is common in teenagers and young adults

dec 10 2024 if you catch a virus that causes mono like after kissing someone else who has it it infects cells in your mouth throat and tonsils then it spreads through the rest of your body and

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