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if you believe you have frostbite go inside or seek shelter from the cold then call
your healthcare provider or visit the emergency room immediately to reduce your
risk of tissue damage

apr 4 2024 be ready to help if someone has frostbite frostbite is when skin and
underlying tissues freeze after being exposed to very cold temperatures it causes a
cold feeling followed by numbness

dec 9 2024 consider visiting urgent care for mild frostbite frostnip which does not involve deeper layers of the skin this stage before frostbite presents minimal symptoms without any permanent

signs and symptoms of frostbite include diminished feeling and change in color of the extremities including fingers toes tip of the nose face and earlobes frostbitten areas tend to look pale or

the severity of frostbite depends on several factors including temperature length of exposure wind chill factor dampness and type of clothing worn children are more prone to frostbite than adults

frostbite occurs when skin and underlying tissues freeze after exposure to extreme cold early signs may feel like numbness or tingling but more serious frostbite can cause permanent injury to skin

patients with sub acute frostbite may have variable findings on exam based on the length of time since the injury occurred and the degree of tissue damage expected findings may include blistering

feb 6 2024 hypothermia is a more serious condition and requires emergency medical care if 1 a person shows signs of frostbite but no signs of hypothermia and 2 immediate medical care is not

18 hours ago hypothermia is when your core body temperature drops below 95 degrees fahrenheit which is dangerous frostbite can also cause serious harm to your body if not properly treated

sep 9 2025 go indoors warm the affected area with warm water and seek medical help to treat frostbite avoid alcohol and nicotine stay dry and dress warmly to

prevent frostbite severe frostbite

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