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jillian leigh mckarus born february 18 1974 known professionally as jillian michaels is an american fitness trainer nutritionist businesswoman media personality and author
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aug 16 2025 jillian michaels on the biggest loser season 11 jillian michaels is a professional fitness trainer nutritionist entrepreneur podcast host and author michaels was jillian is an emmy nominated television talent having starred in multiple hit tv shows and regularly contributes to e news access insider wendy williams and more her extensively

mar 7 2025 jillian michaels opened up about her split from ex heidi rhoades and how it affected their two children in a new interview while appearing on fox nation s sean the

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aug 25 2025 michaels feared being open about this might backfire instead it has put her career into overdrive

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