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sep 15 2021 fear of confined spaces claustrophobia becomes a phobia when it interferes with your ability to function at work  
school or other daily activities common triggers include tunnels

claustrophobia is a fear or anxiety of confined spaces it is triggered by many situations or stimuli including elevators especially

when crowded to capacity windowless rooms and hotel rooms with

aug 28 2024 claustrophobia is an anxiety disorder that causes an intense fear of enclosed spaces if you get very nervous or upset when you re in a tight place like an elevator or crowded room you

sep 4 2025 this article discusses claustrophobia it explores what it feels like to be claustrophobic and settings that trigger claustrophobia symptoms it also explains how claustrophobia is diagnosed and

4 days ago claustrophobia is defined as a fear of enclosed spaces like any phobia the severity of claustrophobia can vary widely from person to person you may experience symptoms in small

jul 28 2023 claustrophobia involves the fear of closed spaces and it can significantly interfere with daily life when people with claustrophobia are in a confined space they display symptoms of

the meaning of claustrophobic is affected with or inclined to claustrophobia how to use claustrophobic in a sentence

claustrophobia is the irrational fear of confined spaces people affected by claustrophobia will often go out of their way to avoid confined spaces such as lifts tunnels tube trains and public toilets but

feb 19 2025 feeling claustrophobic is defined as a fear of confinement immobility or suffocation when people suffering from this phobia are confined to a closed space they feel anxious and have a

the word claustrophobia is derived from the latin claustrum meaning a place shut in or a confined place and from the greek phobos meaning fear persons who are affected by claustrophobia

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