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este artículo describe la anatomía del músculo esternocleidomastoideo sus orígenes inserciones y funciones aprende este tema en kenhub

el músculo esternocleidomastoideo presenta en su origen torácico dos porciones claramente definidas una porción medial inserta en el esternón y otra lateral inserta en la clavícula la

oct 30 2024 en este artículo abordaremos el músculo esternocleidomastoideo desde un punto de vista anatómico origen inserción inervación irrigación etc y funcional biomecánica

el cuello al igual que la cara es una región del cuerpo humano que está conformada por muchísimos músculos entre ellos encontramos al esplenio escalenos rectos los músculos

analizamos el músculo esternocleidomastoideo en esta guía completa un músculo situado en ambos lados de la parte anterior del cuello

el esternocleidomastoideo también conocido como scm por sus siglas en inglés es un músculo de gran importancia en los movimientos del cuello su nombre puede sonar complicado pero

oct 25 2020 el músculo esternocleidomastoideo scm se encuentra a cada lado del cuello y es uno de los músculos más grandes allí específicamente estos músculos se originan tanto

el músculo esternocleidomastoideo junto con el músculo trapecio está investido por la capa superficial de la fascia cervical profunda que se divide a su alrededor

la anatomía función e importancia del músculo esternocleidomastoideo en el cuello incluyendo su origen inserción vascularización inervación y posibles síntomas de dolor

descubre por qué duele el esternocleidomastoideo sus causas síntomas y los mejores tratamientos estiramientos y consejos para aliviar el dolor cervical

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